

Please check in the box following the sessions you will skate this season.																		:)	
Keep one copy for yourself and return one to Chris.																			
Off-Ice sessions are indicated in green print																			
Tan shaded areas refer to session not typically available for lessons by Chris or Helen																			
<b>Monday</b>					<b>Tuesday</b>					<b>Wednesday</b>									
<b>Strongsville</b>					<b>Strongsville</b>					<b>Strongsville</b>									
General		6:00-8:00am			General		6:00-8:00am			Public		8:00am-1:40pm							
Public		8:00am-1:40pm			Public		8:00am-1:40pm			Public		8:00am-1:40pm							
<b>Kent</b>					<b>Kent</b>					<b>Kent</b>									
Public - Adult		10:00-11:00am			Public - Adult		10:00-11:00am			Public - Adult		10:00-11:00am							
Public		11:00am-1:00pm			Public		11:00am-1:00pm			Public		11:00am-1:00pm							
<b>Strongsville</b>					<b>Strongsville</b>					<b>Strongsville</b>									
General		1:40-2:40pm			General		1:40-2:40pm			General		1:40-2:40pm							
Freestyle		2:40-3:40pm			Freestyle		2:40-3:40pm			Freestyle		2:40-3:40pm							
High FS (Juv)		3:50-4:50pm			Freestyle		3:50-4:50pm			High FS (Juv)		3:50-4:50pm							
FS /Moves		4:50-5:50pm			FS /Moves		4:50-5:50pm			FS /Moves		4:50-5:50pm							
Strength		6:00-7:00pm			Low FS (PJuvs)		6:00-7:00pm			Freestyle		6:00-7:00pm							
LTS		6:00-7:00pm			Skating 101		7:15-8:00pm			LTS		7:10-8:10pm							
FS /Moves		7:10-8:10pm			Jazz & Dance Int		7:10-8:10pm			Ballet - Mimi		7:10-8:10pm							
Dnce/Mov/Ch		8:10-9:10pm																	
<b>Thursday</b>					<b>Friday</b>					<b>Saturday</b>									
<b>Strongsville</b>					<b>Strongsville</b>					<b>Strongsville</b>									
General		6:00-8:00am			General		6:00-8:00am			Freestyle		7:30-8:30am							
Public		8:00am-1:40pm			Public		8:00am-1:40pm			Freestyle		8:30-9:30am							
<b>Kent</b>					<b>Kent</b>					<b>Kent</b>									
Public - Adult		10:00-11:00am			Public - Adult		10:00-11:00am			Ballet - Marie		10:45-11:45am							
Public		11:00am-1:00pm			Public		11:00am-1:00pm			Jump-Group		12:00-12:45pm							
<b>Strongsville</b>					<b>Strongsville</b>					<b>Strongsville</b>									
General		1:40-2:40pm			General		1:40-2:40pm			LTS		11:00-12:00pm							
Freestyle		2:40-3:40pm			General		2:40-3:40pm												
Jump Class		3:45-4:30pm (11/4)			Freestyle		3:50-4:50pm												
Freestyle		3:50-4:50pm (until 10/28)			FS /Moves		4:50-5:50pm												
Freestyle		4:30-5:30pm								<b>Sunday</b>									
FS /Moves		4:40-5:40pm			There will be no ice available in Strongsville on:					<b>Strongsville</b>									
FS /Moves		5:50-6:50pm								General		9:40-10:40am							
Freestyle		7:00-8:00pm								General		10:40-11:40am							